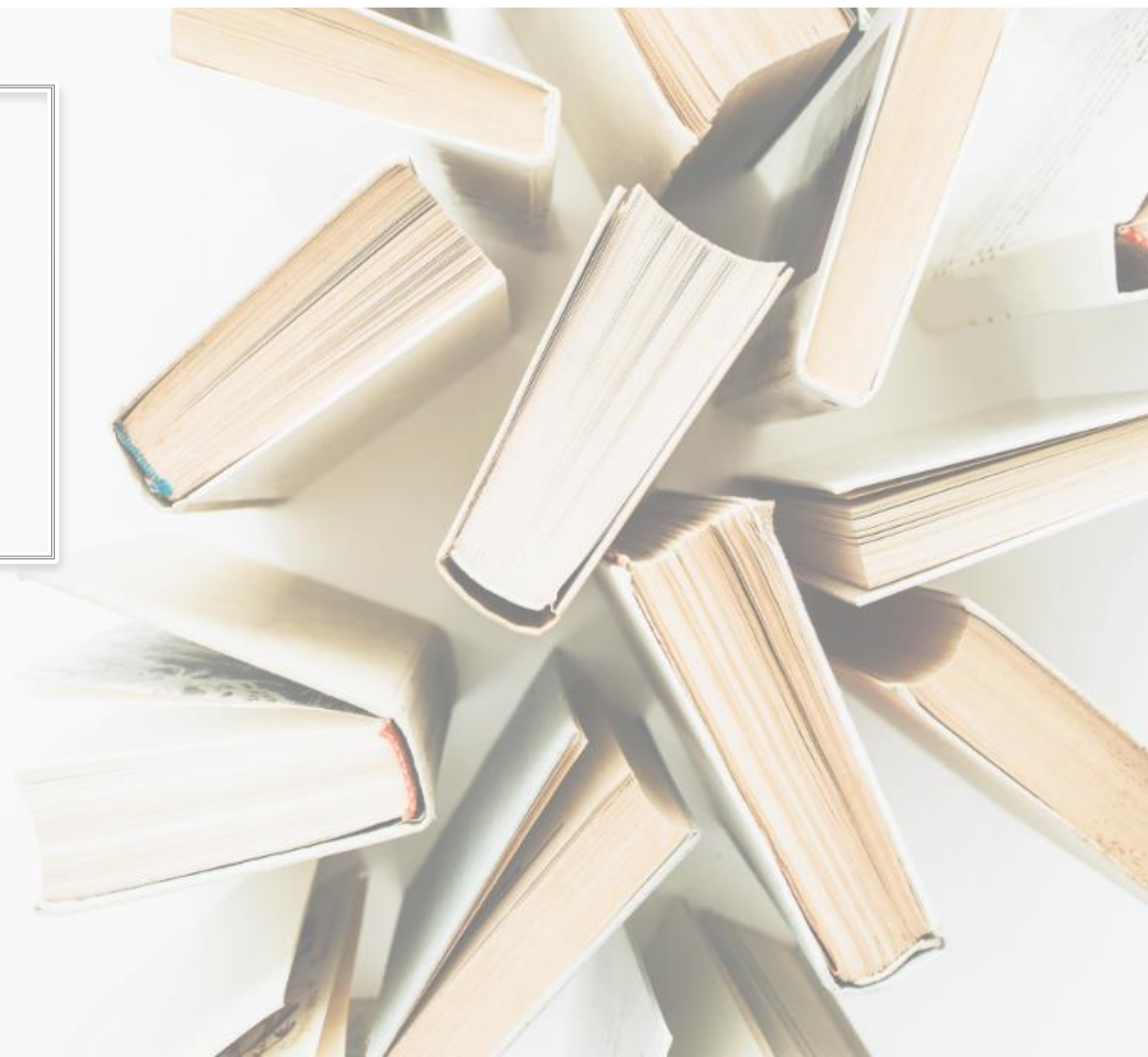


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 高雄醫學大學圖書館
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According to traditional Chinese medicine, the pericardial meridian is associated with the pain or fullness in the chest, palpitations, depression, restlessness, manic or depressive disorders, nausea or vomiting, hiccups, gastric pain, and distension in the upper abdomen (Bai and Baron, 2001). Since the parasympathetic modulation of both heart and gut is largely mediated by the vagus nerve, and since vagal stimulation of the gut can result in increased peristalsis while the vagal stimulation of the heart can result in decreased heart rate (Guyton and Hall, 1996), it is speculated that to some extent the pericardium meridian might be associated with the autonomic nervous modulation of the subject.

Acupuncture or acupressure at the Neiguan (P6) point, the most frequently used acupoint in the pericardium meridian, has been shown to lessen nausea and vomiting (Dundee *et al.*, 1987, 1988, 1989a and b; Ho *et al.*, 1989; De Aloysio and Penacchioni, 1992; Belluomini *et al.*, 1994; Fan *et al.*, 1997; Harmon *et al.*, 2000). Because nausea and vomiting are also related to autonomic nervous activity (Morrow *et al.*, 1992; Morrow *et al.*, 1999), we speculated that the autonomic nervous activity might be changed when acupuncture at the P6 point was performed.

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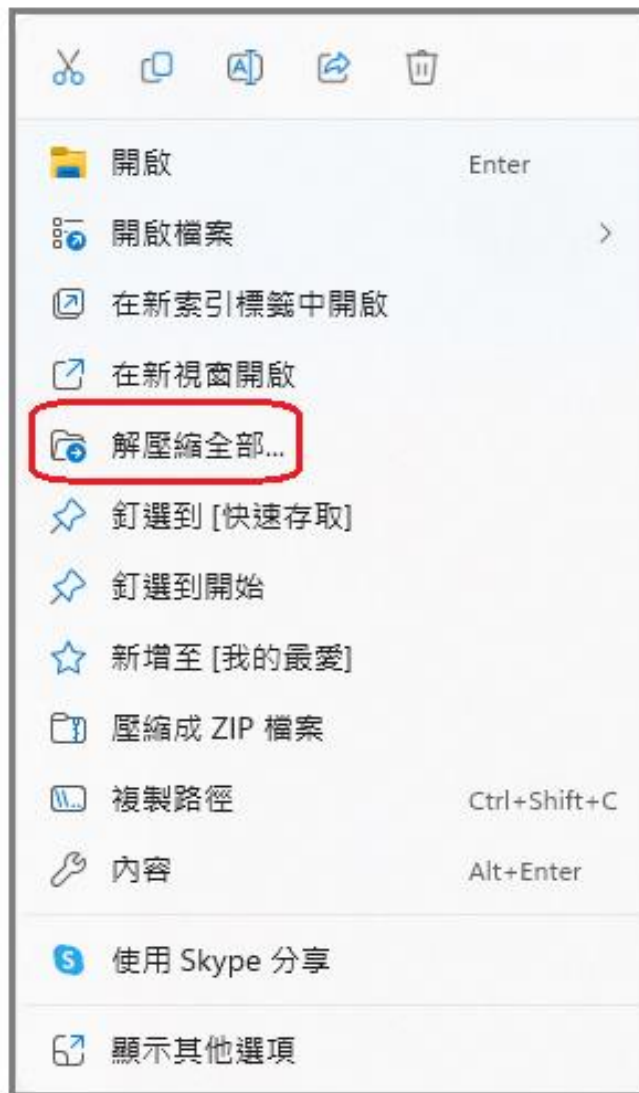
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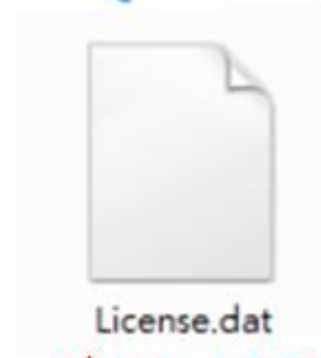
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