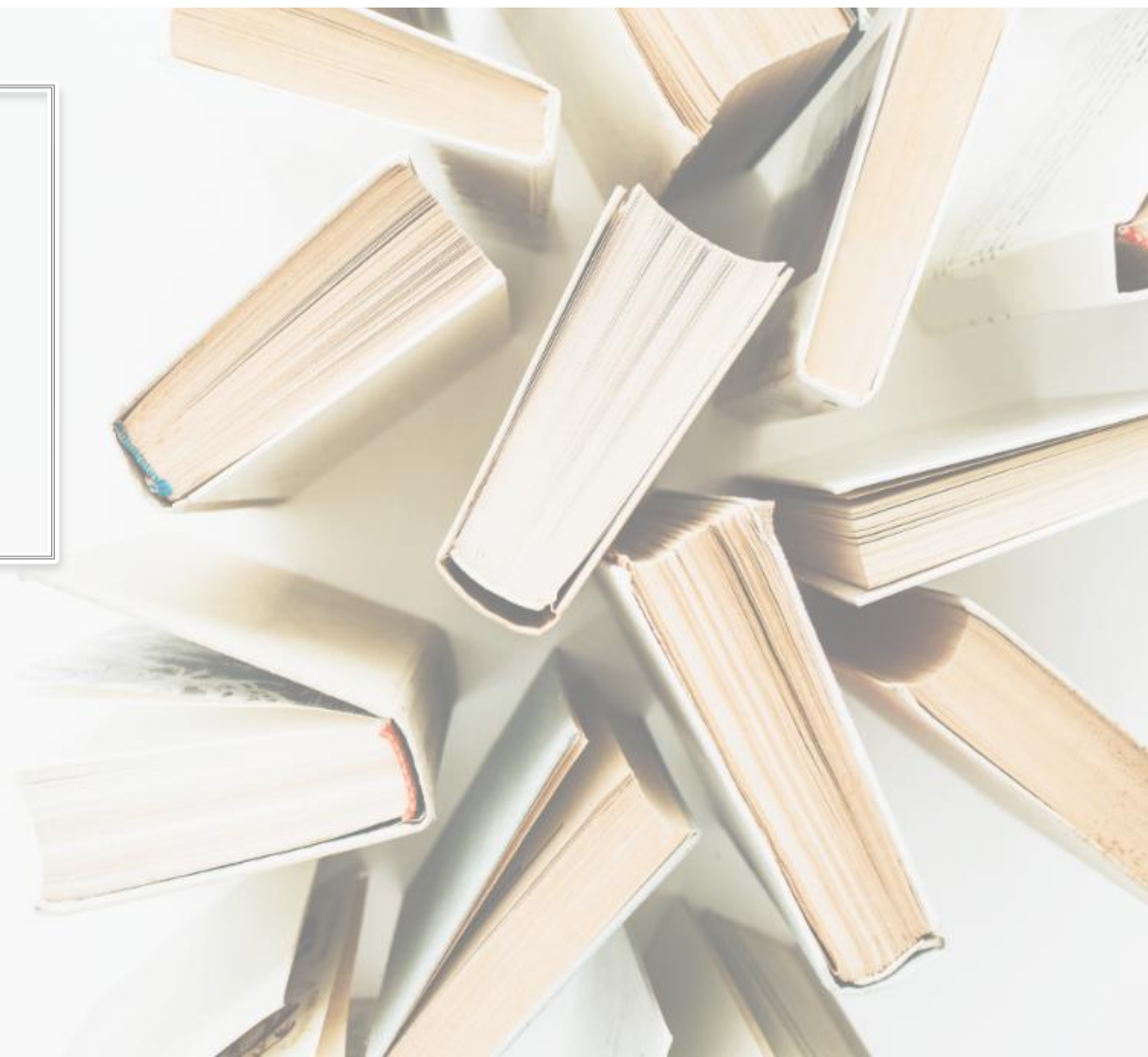


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According to traditional Chinese medicine, the pericardial meridian is associated with the pain or fullness in the chest, palpitations, depression, restlessness, manic or depressive disorders, nausea or vomiting, hiccups, gastric pain, and distension in the upper abdomen (Bai and Baron, 2001). Since the parasympathetic modulation of both heart and gut is largely mediated by the vagus nerve, and since vagal stimulation of the gut can result in increased peristalsis while the vagal stimulation of the heart can result in decreased heart rate (Guyton and Hall, 1996), it is speculated that to some extent the pericardium meridian might be associated with the autonomic nervous modulation of the subject.

Acupuncture or acupressure at the Neiguan (P6) point, the most frequently used acupoint in the pericardium meridian, has been shown to lessen nausea and vomiting (Dundee *et al.*, 1987, 1988, 1989a and b; Ho *et al.*, 1989; De Aloysio and Penacchioni, 1992; Belluomini *et al.*, 1994; Fan *et al.*, 1997; Harmon *et al.*, 2000). Because nausea and vomiting are also related to autonomic nervous activity (Morrow *et al.*, 1992; Morrow *et al.*, 1999), we speculated that the autonomic nervous activity might be changed when acupuncture at the P6 point was performed.

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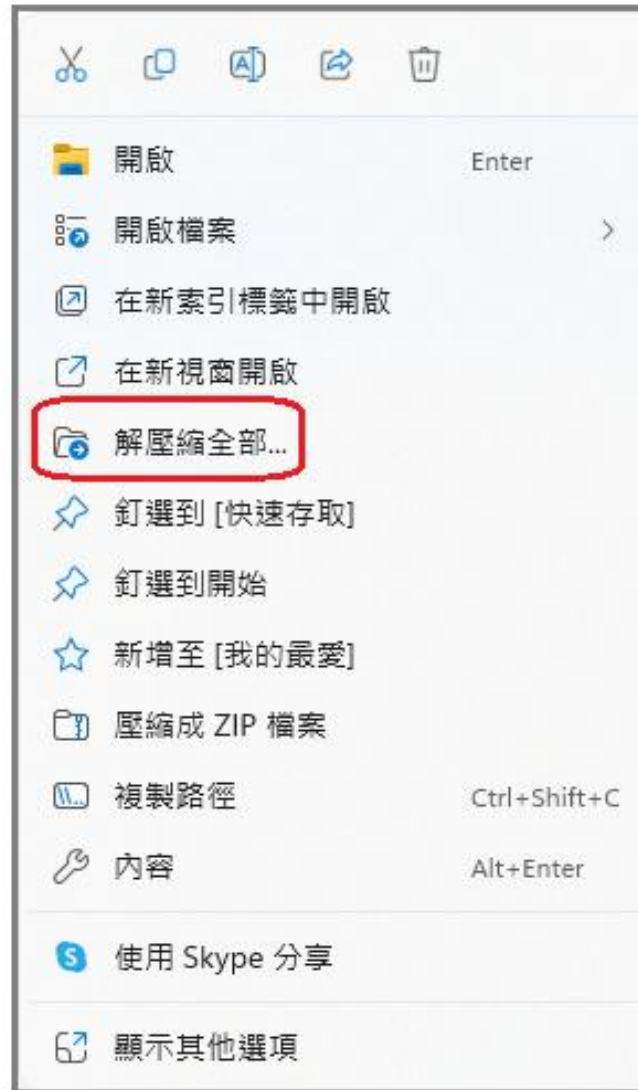
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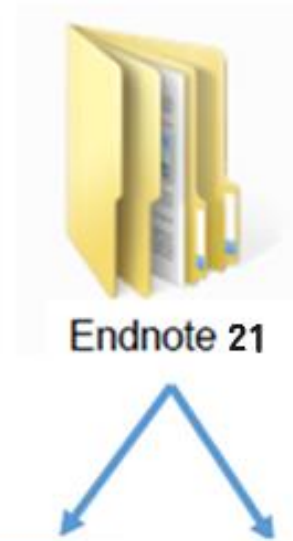
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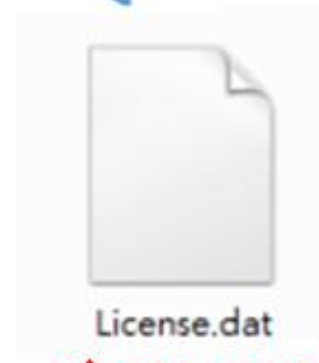


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Wang, Y.J., Li, Z.X., Gu, H.Q., Zhai, Y., Zhou, Q., Jiang, Y., Zhao, X.Q., Wang, Y.L., Yang, X., Wang, C.J., Meng, X., Li, H., Liu, L.P., Jing, J., Wu, J., Xu, A.D., Dong, Q., Wang, D., Wang, W.Z. ... China Stroke Statistics Writing, C.

Stroke Vasc Neurol
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PMID: 35443985 DOI: 10.1136/svn-2021-001374

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Abstract

China faces the greatest challenge from stroke in the world. According to results from the Global Burden of Disease

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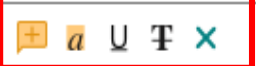
Key Takeaway

China faces significant challenges in managing stroke, with increasing incidence and mortality rates, despite some improvements in public health initiatives.

Additional topics discussed in the document are:

- Public health initiatives for stroke prevention
- Risk factor management in stroke patients
- Healthcare resource allocation for stroke care

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Epidemiological Study



China Stroke Statistics: an update on the 2019 report from the National Center for Healthcare Quality Management in Neurological Diseases, China National Clinical Research Center for Neurological Diseases, the Chinese Stroke Association, National Center for Chronic and Non-communicable Disease Control and Prevention, Chinese Center for Disease Control and Prevention and Institute for Global Neuroscience and Stroke Collaborations

To cite: Wang Y-J, Li Z-X, Gu H-Q, et al. China Stroke Statistics: an update on the 2019 report from the National Center for Healthcare Quality Management in Neurological Diseases, China National Clinical Research Center for Neurological Diseases, the Chinese Stroke Association, National Center for Chronic and Non-communicable Disease Control and Prevention, Chinese Center for Disease Control and Prevention and Institute for Global Neuroscience and Stroke Collaborations. *Stroke & Vascular Neurology* 2022;7: e001374.

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- Additional topics discussed in the document are:
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Risk Factors Surveillance (CCDRFS) (2018) is used to present estimates of the percentage of people with overweight,⁷ obesity,⁷ prehypertension⁸ and hypertension.⁸ The Epidemiological Survey of Thyroid disease, Iodine status and Diabetes (2017) is used for the prevalence of diabetes.⁹ The prevalence of AF¹⁰ is obtained from China Atrial Fibrillation Epidemiologic Study (2014–2016). The data on risk factors in stroke survivors and part of risk factors in general population, including tobacco use, food and nutrition, cholesterol and other lipids are unchanged from China Stroke Statistics 2019. The methodology of data sources and definition of key indicators for stroke related risk factors are shown in supplemental methods.

Patient demographic characteristics, comorbidities, procedure/operations and in-hospital outcomes were extracted from the Hospital Quality Monitoring System (HQMS) 2019¹¹; in-hospital key performance indicators were extracted from the Chinese Stroke Center Alliance (CSCA) 2019.^{12 13} More details were described in the China Stroke Statistics 2019 report.⁶ In addition, standardised inpatient discharge records from secondary

“Patient demographic characteristics, comorbidities, procedure/operations and in-hospital outcomes were extracted from the Hospital Quality Monitoring System (HQMS) 2019¹¹; in-hospital key performance indicators were extracted from the Chinese Stroke Center Alliance (CSCA) 2019.” [1]¹

References¹

1. Wang, Y.J., et al., *China Stroke Statistics: an update on the 2019 report from the National Center for Healthcare Quality Management in Neurological Diseases, China National Clinical Research Center for Neurological Diseases, the Chinese Stroke Association, National Center for Chronic and Non-*

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